Records - Women Classic

u43Kg	u16	u18	u23
SQUAT			
BENCH PRESS			
DEADLIFT			
TOTAL			
BENCH (A/C)			

u63Kg	u16	u18	u23	Open	M1	M2	M3
SQUAT			Emily Lloyd-Whittington 140 18/11/2018	Sabrina Moore 162.5 01/10/2021	Kate Matthew 140 30/04/2022	Josephine Lee 75 30/04/2022	Josephine Lee 75 30/04/2022
BENCH PRESS			Emily Lloyd-Whittington 77.5 11/06/2018	Sabrina Moore 97.5 06/12/2019	Kate Matthew 67.5 30/04/2022	Josephine Lee 30 07/12/2019	Josephine Lee 30 07/12/2019
DEADLIFT			Emily Lloyd-Whittington 181.5 18/11/2018	Sabrina Moore 200.5 08/03/2020	Kate Matthew 150 30/04/2022	Josephine Lee 117.5 30/04/2022	Josephine Lee 117.5 30/04/2022
TOTAL			Emily Lloyd-Whittington 404 18/11/2018	Sabrina Moore 458 08/03/2020	Kate Matthew 357.5 30/04/2022	Josephine Lee 217.5 30/04/2022	Josephine Lee 217.5 30/04/2022
BENCH (A/C)			Emily Lloyd-Whittington 77.5 11/06/2018	Katie Roberts 100 30/10/2021	Kate Matthew 67.5 30/04/2022	Josephine Lee 30 07/12/2019	Josephine Lee 30 07/12/2019

u69Kg	u16	u18	u23	Open	M1	M2	M3
SQUAT			Charlotte McNee 125 30/04/2022	Sabrina Moore 157.5 19/03/2022	Kate Matthew 142.5 24/07/2021	Menna Morgan 85 30/04/2022	Menna Morgan 85 30/04/2022
BENCH PRESS			Charlotte McNee 67.5 30/04/2022	Rianna Graham 95.5 30/04/2022	Kate Matthew 70 24/07/2021	Menna Morgan 45 30/04/2022	Menna Morgan 45 30/04/2022
DEADLIFT			Charlotte McNee 142.5 30/04/2022	Sabrina Moore 195 19/03/2022	Kate Matthew 150 24/07/2021	Menna Morgan 117.5 30/04/2022	Menna Morgan 117.5 30/04/2022
TOTAL			Charlotte McNee 335 30/04/2022	Sabrina Moore 440 19/03/2022	Kate Matthew 362.5 24/07/2021	Menna Morgan 247.5 30/04/2022	Menna Morgan 247.5 30/04/2022
BENCH (A/C)			Charlotte McNee 67.5 30/04/2022	Katie Roberts 105 19/02/2022	Kate Matthew 70 24/07/2021	Menna Morgan 45 30/04/2022	Menna Morgan 45 30/04/2022

u47Kg	u16	u18	u23	Open	M1	M2	M3
SQUAT							
BENCH PRESS							
DEADLIFT							
TOTAL							
BENCH (A/C)							

u72Kg	u16	u18	u23	Open	M1	M2	M3
SQUAT		Lauren Evans 120 04/11/2017	Elise Davies 145 29/10/2016	Tanya Bull 155 18/02/2017	Sam Heighway 112.5 28/07/2018	Claire Hendy 115 27/04/2019	
BENCH PRESS		Lauren Evans 52.5 04/11/2017	Amy Spencer 77.5 29/10/2016	Sabrina Moore 92.5 12/03/2016	Claire Hendy 60 17/12/2017	Claire Hendy 62.5 15/12/2018	
DEADLIFT		Lauren Evans 115 23/07/2017	Elise Davies 177.5 29/10/2016	Sabrina Moore 191.5 12/03/2016	Sam Heighway 142.5 28/07/2018	Claire Hendy 140 27/04/2019	
TOTAL		Lauren Evans 277.75 04/11/2017	Elise Davies 397.5 29/10/2016	Sabrina Moore 426.5 12/03/2016	Sam Heighway 315 28/07/2018	Claire Hendy 317.5 27/04/2019	
BENCH (A/C)		Lauren Evans 52.5 04/11/2017	Amy Spencer 77.5 29/10/2016	Sabrina Moore 92.5 12/03/2016	Claire Hendy 60 17/12/2017	Claire Hendy 62.5 15/12/2018	

u76Kg	u16	u18	u23	Open	M1	M2	M3
SQUAT		Olivia Hulme-Webb 127.5 30/04/2022	Olivia Hulme-Webb 127.5 30/04/2022	Caryl McQuilling 162.5 19/03/2022	Delyth Jones 130 30/04/2022		
BENCH PRESS		Olivia Hulme-Webb 72.5 30/04/2022	Olivia Hulme-Webb 72.5 30/04/2022	Caryl McQuilling 90 19/03/2022	Delyth Jones 70 30/04/2022		
DEADLIFT		Olivia Hulme-Webb 130 30/04/2022	Olivia Hulme-Webb 130 30/04/2022	Caryl McQuilling 180 19/03/2022	Delyth Jones 130 30/04/2022		
TOTAL		Olivia Hulme-Webb 330 30/04/2022	Olivia Hulme-Webb 330 30/04/2022	Caryl McQuilling 432.5 19/03/2022	Delyth Jones 330 30/04/2022		
BENCH (A/C)		Olivia Hulme-Webb 72.5 30/04/2022	Olivia Hulme-Webb 72.5 30/04/2022	Caryl McQuilling 90 19/03/2022	Delyth Jones 70 30/04/2022		

u52Kg	u16	u18	u23	Open	M1	M2	M3
SQUAT			Alexandra Langberg 105 07/03/2016	Aimee Thompson 105.5 30/04/2022	Angelina Lane 92.5 15/09/2019	Angelina Lane 92.5 15/09/2019	
BENCH PRESS			Jemima Simson 55 29/01/2022	Angelina Lane 57.5 15/09/2019	Angelina Lane 57.5 15/09/2019	Angelina Lane 57.5 15/09/2019	
DEADLIFT			Alexandra Langberg 155 07/03/2016	Alexandra Langberg 155 07/03/2016	Angelina Lane 125 15/09/2019	Angelina Lane 125 15/09/2019	
TOTAL			Alexandra Langberg 312.5 07/03/2016	Alexandra Langberg 312.5 07/03/2016	Angelina Lane 275 15/09/2019	Angelina Lane 275 15/09/2019	
BENCH (A/C)			Alexandra Langberg 52.5 07/03/2016	Angelina Lane 55 29/07/2017	Angelina Lane 57.5 15/09/2019	Angelina Lane 57.5 15/09/2019	

u84Kg	u16	u18	u23	Open	M1	M2	M3
SQUAT			Savannah Thomas-Millett 105 28/07/2018	Tabitha Panton 135 13/07/2019	Christina Appleby-Phillips 155 17/09/2016	Claire Hendy 102.5 29/01/2022	Claire Hendy 102.5 29/01/2022
BENCH PRESS			Savannah Thomas-Millett 57.5 28/07/2018	Tabitha Panton 80 13/07/2019	Christina Appleby-Phillips 122.5 15/09/2019	Claire Hendy 62.5 29/01/2022	Claire Hendy 62.5 29/01/2022
DEADLIFT			Savannah Thomas-Millett 140 28/07/2018	Tabitha Panton 150 13/07/2019	Christina Appleby-Phillips 190 15/09/2019	Claire Hendy 132.5 14/04/2018	Claire Hendy 122.5 29/01/2022
TOTAL			Savannah Thomas-Millett 302.5 28/07/2018	Tabitha Panton 365 13/07/2019	Christina Appleby-Phillips 457.5 15/09/2019	Claire Hendy 290 14/04/2018	Claire Hendy 290 14/04/2018
BENCH (A/C)			Savannah Thomas-Millett 57.5 28/07/2018	Tabitha Panton 80 13/07/2019	Christina Appleby-Phillips 122.5 15/09/2019	Claire Hendy 62.5 29/01/2022	Claire Hendy 62.5 29/01/2022

u57Kg	u16	u18	u23	Open	M1	M2	M3
SQUAT			Cameron Jones 120 30/04/2022	Amella Crook 142.5 19/03/2022			
BENCH PRESS			Jennifer Gough 55 18/02/2017	Amella Crook 92.5 19/03/2022			
DEADLIFT			Cameron Jones 142.5 30/04/2022	Amella Crook 170 27/04/2019			
TOTAL			Cameron Jones 305 30/04/2022	Amella Crook 390 27/04/2019			
BENCH (A/C)			Jennifer Gough 55 18/02/2017	Amella Crook 92.5 19/03/2022			

84+Kg	u16	u18	u23	Open	M1	M2	M3
SQUAT			Melissa Bird 170 15/09/2019	Victoria Cavalier-Hirth 205 30/10/2021	Tracy O'Callaghan 190 08/03/2018	Ruth Bird 120 15/09/2019	
BENCH PRESS			Melissa Bird 92.5 28/09/2021	Victoria Cavalier-Hirth 122.5 30/10/2021	Tracy O'Callaghan 90 15/09/2019	Liz Joyce 67.5 30/04/2022	
DEADLIFT			Melissa Bird 180 15/09/2019	Tracy O'Callaghan 200 15/09/2019	Tracy O'Callaghan 200 15/09/2019	Ruth Bird 142.5 15/09/2019	
TOTAL			Melissa Bird 440 15/09/2019	Victoria Cavalier-Hirth 512.5 30/10/2021	Tracy O'Callaghan 480 15/09/2019	Ruth Bird 317.5 15/09/2019	
BENCH (A/C)			Melissa Bird 92.5 28/09/2021	Victoria Cavalier-Hirth 122.5 30/10/2021	Tracy O'Callaghan 90 15/09/2019	Liz Joyce 67.5 30/04/2022	