

Place	Name	Sex	Country	Equipment	Division	BodyweightKg	WeightClassKg	Squat1Kg	Squat2Kg	Squat3Kg	Best3SquatKg	Bench1Kg	Bench2Kg	Bench3Kg	Best3BenchKg	Deadlift1Kg	Deadlift2Kg	Deadlift3Kg	Best3DeadliftKg	TotalKg	Points	Event
1	Cameron Jones	F	Wales	Raw	FR-Jr	56.5	57	110.5	115	120	120	35	-40	42.5	42.5	135	142.5	-147.5	142.5	305	72.02	SBD
1	Calltin Arnold	F	Wales	Raw	FR-Jr	61.7	63	-95	95	-102.5	95	50	-57.5	-57.5	50	-95	95	105	105	250	55.45	SBD
1	Charlotte McNeen	F	Wales	Raw	FR-Jr	63.7	69	117.5	125	-132.5	125	60	65	67.5	67.5	125	135	142.5	142.5	335	72.78	SBD
2	Alexandra Sidley-Brooks	F	Wales	Raw	FR-Jr	67.4	69	92.5	100	-105	100	45	-50	50	50	110	117.5	-125	117.5	267.5	56.16	SBD
1	Becky Young	F	Wales	Raw	FR-Jr	73.3	76	90	105	117.5	117.5	47.5	55	-60	55	100	110	-120	110	282.5	56.69	SBD
1	Kate Matthew	F	Wales	Raw	FR-M1	62.1	63	125	132.5	140	140	62.5	67.5	-70	67.5	135	142.5	150	150	357.5	78.95	SBD
1	Louise Downie-Davies	F	Wales	Raw	FR-M1	67.5	69	77.5	-80	80	80	50	55	-60	55	115	120	-122.5	120	255	53.49	SBD
1	Delyth Jones	F	Wales	Raw	FR-M1	75.4	76	120	125	130	130	65	70	-75	70	120	125	130	130	330	65.31	SBD
1	Tracy O'Callaghan	F	Wales	Raw	FR-M1	98.2	84+	165	170	175	175	75	80	82.5	82.5	165	177.5	-190	177.5	435	77.97	SBD
1	Liz Joyce	F	Wales	Raw	FR-M2	102.8	84+	102.5	110	117.5	117.5	57.5	62.5	67.5	67.5	105	115	122.5	122.5	307.5	54.45	SBD
G	Claire Hendy	F	Wales	Raw	FR-M2	85.7	84+	95	102.5	107.5	107.5	57.5	62.5	-65	62.5	112.5	122.5	130	130	300	56.22	SBD
1	Josie Lee	F	Wales	Raw	FR-M3	62.1	63	70	72.5	75	75	25	-27.5	-27.5	25	107.5	112.5	117.5	117.5	217.5	48.03	SBD
1	Menna Morgan	F	Wales	Raw	FR-M3	68.1	69	75	80	85	85	45	-47.5	-47.5	45	100	110	117.5	117.5	247.5	51.66	SBD
1	Aimee Thompson	F	Wales	Raw	FR-O	50.4	52	92.5	100	105.5	105.5	50	52.5	-55	52.5	122.5	130	-135	130	288	74.74	SBD
1	Lauren Rabbetts	F	Wales	Raw	FR-O	62.2	63	97.5	107.5	115	115	50	55	-60	55	110	117.5	127.5	127.5	297.5	65.63	SBD
1	Rianna Graham	F	Wales	Raw	FR-O	68.6	69	140	150	-155	150	85	90.5	95.5	95.5	145	157.5	162.5	162.5	408	84.8	SBD
2	Christina Kio-Bennett	F	Wales	Raw	FR-O	67.6	69	-125	-125	125	125	75	80	85	85	135	145	155	155	365	76.5	SBD
1	Natasha Eaton	F	Wales	Raw	FR-O	74.4	76	140	147.5	152.5	152.5	82.5	87.5	90	90	152.5	162.5	-170	162.5	405	80.67	SBD
2	Holly Treimbeth	F	Wales	Raw	FR-O	71.7	76	75	82.5	87.5	87.5	37.5	42.5	-47.5	42.5	100	110	115	115	245	49.72	SBD
1	Abigail Matthews	F	Wales	Raw	FR-O	143.3	84+	-150	-150	-155	150	65	70	-95	90	152.5	155	-157.5	155	395	66.16	SBD
1	Olivia Hulme-Webb	F	Wales	Raw	FR-Sj	75	76	115	122.5	127.5	127.5	65	72.5	-77.5	72.5	-130	-130	130	130	330	65.47	SBD
1	Nathan Williams	M	Wales	Raw	MR-Jr	63.8	66	130	140	-150	140	82.5	-87.5	-87.5	82.5	145	155	160	160	382.5	60.71	SBD
2	Jacob Pritchard	M	Wales	Raw	MR-Jr	65.7	66	110	115	122.5	122.5	65	75	-80	75	135	145	150	150	347.5	54.3	SBD
1	Liam Warman	M	Wales	Raw	MR-Jr	72.9	74	170	180	-190	180	105	110	-112.5	110	222.5	235	245	245	535	79.16	SBD
2	Soufeyne Belhadj	M	Wales	Raw	MR-Jr	73.9	74	130	150	-160	160	100	-110	110	110	180	200	-210	200	470	69.05	SBD
3	Bailey Clifford-pryer	M	Wales	Raw	MR-Jr	72.5	74	150	160	167.5	167.5	87.5	95	97.5	97.5	160	170	180	180	445	66.03	SBD
1	Matthew Christford	M	Wales	Raw	MR-Jr	82.1	83	190	200	210	210	135	145	-150	145	200	217.5	225	225	580	80.73	SBD
2	Louie Warren	M	Wales	Raw	MR-Jr	81.9	83	155	165	-170	165	105	107.5	110	110	205	220	227.5	227.5	502.5	70.03	SBD
3	Jasper Lowde	M	Wales	Raw	MR-Jr	77.7	83	130	-140	145	145	90	97.5	-102.5	97.5	185	195	200	200	442.5	63.35	SBD
4	Tom Davies	M	Wales	Raw	MR-Jr	78.5	83	130	140	-145	140	100	110	115	115	100	-102.5	-102.5	100	355	55.55	SBD
1	Callum Donaldson	M	Wales	Raw	MR-Jr	89.3	93	242.5	252.5	260	260	150	155	-160	155	257.5	275	285	285	700	93.42	SBD
2	Ed Rimell	M	Wales	Raw	MR-Jr	89.3	93	215	225	-230	225	155	162.5	-165	162.5	227.5	242.5	-245	242.5	630	84.08	SBD
3	James Lush	M	Wales	Raw	MR-Jr	92.4	93	182.5	192.5	200	200	127.5	137.5	145	145	222.5	240	250	250	595	78.08	SBD
4	Benjamin McNicol	M	Wales	Raw	MR-Jr	91.2	93	200	210	212.5	212.5	120	125	130	130	217.5	230	237.5	237.5	580	76.61	SBD
5	Alexander Goss	M	Wales	Raw	MR-Jr	92.5	93	180	190	-200	190	122.5	127.5	-130	127.5	210	222.5	232.5	232.5	550	72.14	SBD
6	Huw Andreas Elsworth Williams	M	Wales	Raw	MR-Jr	91.5	93	180	190	200	200	105	115	-120	115	210	220	230	230	545	71.87	SBD
7	Huangwei Gao	M	Wales	Raw	MR-Jr	89.1	93	185	-200	200	200	120	-125	-125	120	205	220	-230	220	540	72.15	SBD
8	Josh Morgan	M	Wales	Raw	MR-Jr	88.1	93	175	182.5	187.5	187.5	110	115	120	120	210	220	-225	220	527.5	70.87	SBD
9	Marie Long	M	Wales	Raw	MR-Jr	92.6	93	145	155	-165	155	97.5	105	107.5	107.5	180	190	200	200	462.5	60.63	SBD
1	Dylan Morgan	M	Wales	Raw	MR-Jr	104	105	235	245	255	255	130	137.5	142.5	142.5	240	250	-260	250	647.5	80.3	SBD
2	Alf Wharf	M	Wales	Raw	MR-Jr	101.2	105	175	195	205	205	125	135	-140	135	225	240	250	250	590	74.11	SBD
3	Ieuan Barry	M	Wales	Raw	MR-Jr	102.4	105	180	192.5	210	210	130	137.5	145	145	200	220	235	235	590	73.7	SBD
4	Adam Young	M	Wales	Raw	MR-Jr	104.2	105	190	200	207.5	207.5	140	-150	-150	140	215	230	237.5	237.5	585	72.48	SBD
5	Louis Settle	M	Wales	Raw	MR-Jr	95.2	105	180	190	190	190	130	140	-150	140	200	205	215	215	545	70.49	SBD
6	Luke Hicks	M	Wales	Raw	MR-Jr	103.6	105	175	185	192.5	192.5	115	125	-132.5	125	205	215	220	220	537.5	66.78	SBD
7	Ethan Payne	M	Wales	Raw	MR-Jr	95.2	105	120	130	-140	130	90	95	-100	95	145	-160	-175	145	370	47.86	SBD
1	Richard Sawyer	M	Wales	Raw	MR-M1	116.3	120	210	220	225	225	145	152.5	155	155	270	290	-297.5	290	670	78.97	SBD
1	Phillip Richard	M	Wales	Raw	MR-M2	76.9	83	212.5	220.5	227.5	227.5	137.5	142.5	146	146	210	220	230	230	603.5	86.86	SBD
2	John Laird	M	Wales	Raw	MR-M2	78.9	83	147.5	157.5	162.5	162.5	105	112.5	115	115	-182.5	192.5	200	200	477.5	67.82	SBD
3	Jeremy Spencer	M	Wales	Raw	MR-M2	82.1	83	-60	60	-62.5	60	120	130	-135	130	75	-80	75	75	265	36.89	SBD
1	Michael Elias	M	Wales	Raw	MR-O	77.9	83	195	205	-212.5	205	130	135	-137.5	137.5	235	-247.5	-247.5	235	577.5	82.56	SBD
2	Rhodri Griffith	M	Wales	Raw	MR-O	79.9	83	180	200	205	205	125	135	-145	135	-210	220	235	235	575	81.15	SBD
3	Jack Bowen-Bravery	M	Wales	Raw	MR-O	81.4	83	160	172.5	180	180	120	130	-132.5	130	210	222.5	230	230	540	75.49	SBD
4	Harry Bevan	M	Wales	Raw	MR-O	81.7	83	177.5	187.5	190	190	112.5	120	125	125	200	212.5	-215	212.5	527.5	73.61	SBD
5	Darrian Orebela	M	Wales	Raw	MR-O	80.2	83	140	152.5	160	160	-80	-95	95	95	180	-200	205	205	460	64.79	SBD
6	Alan Leung	M	Wales	Raw	MR-O	77.6	83	152.5	160	165	165	87.5	95	100	100	160	172.5	180	180	445	63.75	SBD
7	Tom Lloyd	M	Wales	Raw	MR-O	81.2	83	120	-130	-135	120	100	105	-107.5	105	-175	175	-182.5	175	400	55.99	SBD
1	Sam Owen	M	Wales	Raw	MR-O	88.7	93	210	220	227.5	227.5	140	150	-152.5	150	215	225	230	230	607.5	81.35	SBD
2	Jan Jarmoszewicz	M	Wales	Raw	MR-O	92.6	93	-200	200	210	210	140	-150	-150	140	230	235	252.5	252.5	602.5	78.99	SBD
3	Morgan Page	M	Wales	Raw	MR-O	91.9	93	180	190	200	200	102.5	112.5	120	120	202.5	215	227.5	227.5	547.5	72.04	SBD
4	Joshua Coleman	M	Wales	Raw	MR-O	92.3	93	160	170	180	180	115	122.5	130	130	180	195	202.5	202.5	512.5	67.29	SBD
1	Kieran Donnelly	M	Wales	Raw	MR-O	96.6	105	245	260	270	270	140	150	160	160	235	-237.5	-250	235	665	85.41	SBD
2	Tristan Wharf	M	Wales	Raw	MR-O	103	105	210	220	-225	220	130	-140	-140	130	225	240	250	250	600	74.75	SBD
3	Hongyu Qi	M	Wales	Raw	MR-O	98.8	105	200	-212.5	-212.5	200	120	125	127.5	127.5	230	-250	-260	230	557.5	70.83	SBD
1	Dan Yuill	M	Wales	Raw	MR-O	118.3	120	212.5	225	230	230	160	172.5	-180	172.5	250	267.5	-275	267.5	670	78.37	SBD